



# Coffee

### **Espresso**

One shot of Teifi Coffee £1.50 / £1.75 double

### Macchiato

One shot of Teifi Espresso topped with a cap of foam

£1.75 / £2.00 double

### Cortado

Single shot of Teifi Espresso topped with a shot of silky milk

£1.95

### **Americano**

Black coffee with one shot of Teifi Espresso, served black or with either hot or cold milk

£2.00 / £2.40 large

### Cappuccino

One shot of Teifi Espresso topped with frothy milk

£2.20 / £2.60 large

#### Latte

One shot of Teifi Espresso topped with silky milk

£2.40

### Flat White

One shot of Teifi Espresso topped with a small amount of silky milk

£2.40

### Mocha

One shot of Teifi Espresso topped with hot chocolate

£2 75

### White Chocolate Mocha

One shot of Teifi Espresso topped with white hot chocolate

£2.95

### **Breakfast Tea**

Regular comforting Welsh tea £1.50 mug / £2.00 pot

### **Earl Grey**

Morgan's Brew loose tea blend £1.75 mug / £2.20 pot

### Spiced Chai

Morgan's Brew Dragon's Breath loose tea blend

£1.75 mug / £2.20 pot

#### Green Tea

Morgan's Brew Green Grass loose tea blend

£1.75 mug / £2.20 pot

### **Peppermint Tea**

Morgan's Brew Pembrokeshire Mint loose tea blend

£1.75 mug / £2.20 pot

### Chamomile Tea

Morgan's Brew Counting Sheep loose tea blend

£1.75 mug / £2.20 pot

### Rooibos

Morgan's Brew Rooibos loose tea blend £1.75 mug / £2.20 pot

### Cherry & Rhubarb

Morgan's Brew loose tea blend £1.75 mug / £2.20 pot

### Lemongrass & Ginger

Morgan's Brew loose tea blend £1.75 mug / £2.20 pot

# ()ther

### **Teifi Hot Chocolate**

Rich, steamed Teifi hot chocolate £2.50

### White Hot Chocolate

Rich Teifi white chocolate made with steamed milk

£2.75

### Ice Cream Milkshake

Choose your ice cream from the freezer and we'll shake it for you

£3.50

### Babycino

Warm frothy milk 75p

### Syrup Shot

Why not add a flavoured shot to your drink? See our selection at the counter

75p

### Alternatives 2



Dairy-free & decaf options are available just ask when ordering

# Cakes

See our selection of fresh homemade cakes at the counter!

- Please order at the counter -



# Caffi Tý Maenan



# Sandwiches

Welsh Cheddar & Dyfi Chutney

Welsh Cheddar & Local Ham

Local Ham with Wholegrain & Leek Mustard

B.L.T

Free-Range Egg Mayo

### Hummus & Rainbow Peppers

All served with garnish, homemade coleslaw and Welsh crisps £5.75

# Toasties

Welsh Cheddar & Local Ham

Mixed Beans
& Welsh Cheddar

Welsh Cheddar & Tomato

All served with garnish, homemade coleslaw and Welsh crisps £5.95

### Perl Wen Cheese & Dyfi Chutney

Served with garnish, homemade coleslaw and Welsh crisps

£6.25

## On toast

### **Scrambled Eggs on Toast**

Free range Dysynni eggs on a choice of white or brown bread toast

£4.50

### Mixed Beans in Mediterranean Sauce

choice of white or brown bread toast £3.50

### Mixed Beans & Welsh Cheddar

Served on white or brown bread toast **£4.00** 

### Welsh Rarebit

Classic rich melted cheesy and mustard sauce, served with salad garnish

£5.75

### Garlic Mushrooms

Served on white or brown bread toast **£5.75** 

### ...add garlic mushrooms

Add mushrooms to your choice + £3.00

...add Bacon

Add Bacon to your choice + £1.75

# Alternatives 7

Vegan cheese and gluten free options are available - just ask when ordering

# kids sandwiches

Welsh Cheddar

Local Ham

Hummus

Choice of white or brown bread, all served with a choice of crisps or veg batons

£3.50

# kids toast

#### White or Brown Toast

One slice, served with Welsh butter

### **Beans on Toast**

One slice, served with baked beans £2.75

### **Scrambled Eggs on Toast**

One slice, with free range Dysynni eggs

# Specials

See the board or ask about our seasonal or daily goodies!

- Please order at the counter -



# Caffi Tý Maenan



# Salads

### Welsh Cheddar or Perl Wen Cheese Salad

Fresh salad with homemade coleslaw **£6.75** 

### Local Ham Salad

Fresh salad with homemade coleslaw £6.25

### **Hummus Salad**

Fresh salad with homemade coleslaw **£6.25** 

# ()melettes

### Free Range Dysynni Egg Omelette

Served with salad garnish & homemade coleslaw

Choose one filling:

Welsh Cheddar Mushroom

Tomato

Ham

+ 75p per extra filling **£5.25** 

# Seasonal

### Soup of the Day

Served with white or brown bread £4.95

### Soup & Sandwich

Soup of the Day, with a choice of sandwich from the menu £7.50

### Quiche of the Day

Served with salad garnish & homemade coleslaw £5.75

# Specials

See the board or ask about our seasonal or daily goodies!

# Jackets

Welsh Cheddar

Mixed Beans in Mediterranean Sauce

**Rarebit** 

Free Range Egg Mayo
Hummus

Oven baked potatoes, all served with a salad garnish & homemade coleslaw £3.50

### Alternatives

Vegan cheese and glute free options are available - just ask when ordering

> Please order at the

> > counter



We also hire out our spaces!

Ask a member of the team for details

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